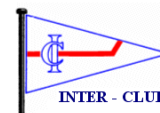




Interclub Dinghy Team Races SAILING INSTRUCTIONS Sunday 23rd September 2018



Risk Statement: Rule 4 of the Racing Rules of Sailing States:” The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone.”

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
- b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore.
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

Competitors should note that Leigh on Sea Sailing Club implement the RYA Racing Charter and that they will be required to undertake to sail in compliance with the Charter, which can be found at the front of the RYA rule book (Racing Rules of Sailing 2017-2020) or at www.rya.org.uk/racing/charter

Rules: The event will be governed by the Racing Rules of Sailing (RRS) 2017-2020 the prescriptions of the RYA, the Sailing Instructions and rules of the class, except as any of these are changed by these sailing instructions. The Open Meeting is designated Category C.

Acceptance of the Rules: By participating in a race conducted under these racing rules, each competitor and boat owner agrees:

- (a) to be governed by the *rules*;
- (b) to accept the penalties imposed and other action taken under the *rules*, subject to the appeal and review procedures provided in them, as the final determination of any matter arising under the *rules* ; and
- (c) where the matter is not one to be determined under the *rules*, not to resort to any court of law or any tribunal until all internal remedies provided by ISAF or by the Court of Arbitration for Sport have been exhausted.

Entries

The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/person in charge who must ensure that the boat/crew are adequate to face the conditions that may arise in the course of the race(s). Neither these sailing instructions nor any inspection of boats limits or reduces the absolute responsibility of the owner/person in charge for the crew, the boat or her management. The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/person in charge or the crew, as a result of their taking part in the race(s). Moreover, every owner/person in charge warrants the suitability of the boat for the race(s). Rule 4 Decision to Race applies.

Leigh on Sea S.C. InterClub Team Race Sailing Instructions 2018

Eligible boats may be entered by the completion of the entry form by each Club and lodging it with LSC Sailing Secretary.

A list of entries for each class/category shall be provided to the LSC Sailing Secretary before 09:00 on the day of the race. If possible, this should be provided in advance by e-mail to scorbet@btinternet.com before 1800 hours on Friday 21st September 2018.

All competitors shall wear personal flotation devices at all times whilst on the water. This amends Rule 40 and the preamble to Part 4 of RRS.

Classes to sail

Each team shall comprise of four boats, with the first three boats to finish scoring.

Cadet Class (under 18 on the day of the race)	Flag "C"
"Ingram Shield" 4 of same class	Flag "A"
"Operatic Cup" Different classes*	Flag "A"
"Silver Sail" Single Handers	Flag "A"

* *For the Operatic cup, two of the four boats sailing may be of the same class, but only one of these two will be counted as a scoring boat.*

Notices to Competitors: Notices to competitors will be posted on the LSC sailing notice board located in the downstairs atrium.

Changes in Sailing Instructions: Any changes to the sailing instructions will be posted on the LSC sailing notice board in the downstairs atrium before 10:00 on the day it will take effect.

Signals Made Ashore: Signals made ashore will be displayed from the flag mast of the Leigh on Sea SC.

Schedule of Races. High Water 12:29, Height 5.4 m

One race for each class is scheduled to be sailed with all classes starting together in an "all-in" start. The planned duration of the race is 75 minutes for the first boat to finish, but this may be varied at the discretion of the Race Officer. Results will be calculated on an "average lap time" basis. Any boat finishing at least one lap will have a time and score to count towards their team result unless they elect to retire due to rule infringement.

Start time: 11:15 BST (all-in) under code flag "A" Cadets under code flag "C"

Scoring – General:

The low point scoring system of Appendix A will apply.

The handicap for each competitor shall be that prescribed by the 2018 Portsmouth Yardstick unless no such handicap is stated when it shall be that used by participating boats in regular local racing.

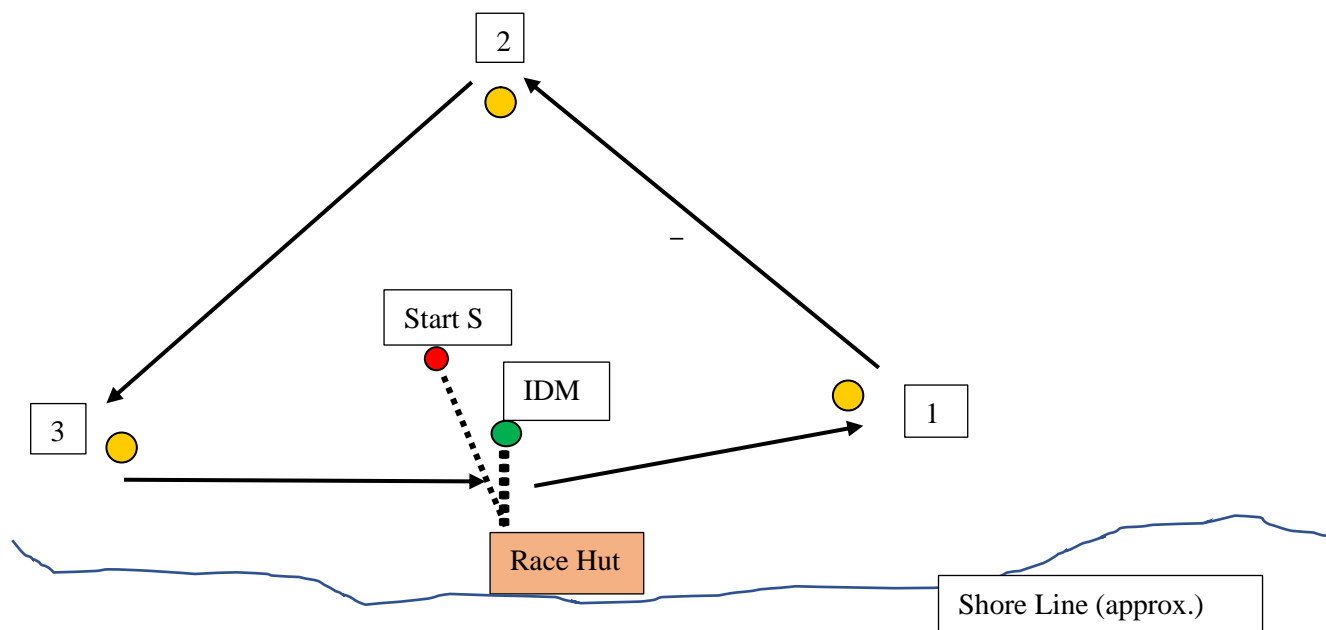
RETIREMENT AND DECLARATIONS

A boat which retires from a race shall notify the race committee as soon as possible - before leaving the race area if at all possible.

To accommodate boats sailing from other clubs, declarations are not required.

Leigh on Sea S.C. InterClub Team Race Sailing Instructions 2018

The Course: The diagram indicates the approximate relative positions of the start, finish, gate and marks a PORT hand course is shown to be sailed if a RED flag and a WEST pointing arrow is shown on the race hut. If a GREEN flag is flown and an EAST pointing arrow is shown the course is reversed and marks will be left to STARBOARD.



Course: The course will be: Start -the LSC Race hut mast and a round WHITE buoy laid east or west of the fixed poles.

Marks 1, 2, 3, gate between the race hut and the Inner Distance Mark (IDM)

Finish (Between the race hut mast and the IDM)

Marks 1, 2, and 3 must be left to Port (green flag) or Starboard (red flag).

Note: the gate MUST be sailed through on each leg which comprises marks 3 → 1.

The **Start line** will be between the mast of the race hut and Mark S.

The **Finish Line** will be between the mast of the race hut and the Inner Distance Mark (IDM)

The Start: Rule 26 Races will be started using the procedures described in Rule 26

Marks: Marks 1, 2, and 3, will be large cylindrical orange inflatables which are unnumbered. Mark S will be a spherical white buoy.

Time limits. The time limits are as follows:

Time Limit for Race	Last Boat Time Limit
90 min	30 min after first boat

Any boat finishing thirty minutes after the first boat crosses the finishing line and having not completed at least one lap will be deemed to have retired.

The Finish: The shortened course signal (Code Flag "S") will be flown from the committee boat to indicate that the race will be finished for all boats the next time they pass through the finish line. At the discretion of the Race Officer, the fleet may be finished at any mark.

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Protests: Protests shall be written on forms available from the Race Officer and delivered back within 120 minutes after the time of the last boats finish in the last race of the day.

Protests will be heard in approximately the order of receipt as soon as possible.

Protest notices will be posted within 20 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses.